

# BULLYING

- ❖ The profile of a bully
- ❖ The profile of a victim
- ❖ A Closer Look at Female Bullying
- ❖ A Closer Look at Male Bullying



# THE PROFILE OF A BULLY

- Low self-esteem,
- Inability to solve problems,
- Signs of depression,
- Emotional problems,
- Feeling of loneliness,
- Low academic achievements and absenteeism
- Behavioural disorders
- Psychological/ psychosomatic problems (headaches, abdominal pains, bed-wetting, sleeping disorders)
- Stress
- Phobias
- Inability to stay alone
- Avoid eye contact

# THE PROFILE OF A VICTIM

- May witness physical and verbal violence or aggression at home. They have a positive view of this behavior, and they act aggressively toward other people, including adults.
- May hit or push other children.
- Are often physically strong.
- May or may not be popular with other children around their same age.
- Have trouble following rules.

# A Closer Look at Female Bullying



Girls tend to bully other girls indirectly or by using relational aggression. As a result, they resort to verbal assaults, ostracizing, spreading rumors and gossiping – the epitome of mean girl behavior. Moreover, girls disguise their bullying and act in more passive aggressive ways which makes girl-on-girl bullying much more difficult to spot.

# A Closer Look at Male Bullying

When it comes to bullying behavior boys tend to be more physically aggressive and impulsive than girls. As a result, they will attack other people when they show weakness. Additionally, some male bullies, or alpha males, usually assemble a group of followers that are looking for acceptance. As a result, these boys, or followers, will often do anything or say anything just to maintain their position within the group.



# A Combination of Bully and Victim Characteristics

- A child could have been a victim all through childhood and when emerging into adolescence or adulthood decides it is time to take control over others.
- Although bullies and victims are on the opposite ends of the spectrum they are not all that different

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THANK YOU FOR WATCHING

